

January 2025 Newsletter

Happy New Year!



Appropriate Clothing:

Children need to be wearing clothes which are suitable for lots of activities like climbing, running, rolling, sitting, jumping. Dresses, jeans, shirts, Crocs, flip flops etc. are not suitable for these activities. The children need to be dressed comfortably. Suitable clothing items are tracksuits, leggings, trainers.

Children also need to dress appropriately for the changing weather. We will be going outside WHATEVER the weather. This means if it is raining, your child needs to be wearing a coat.



Outside Play:

One common question that we hear from parents is are the children going outside if it is cold. The common belief is that children will not like being outdoors or will get sick being outdoors in the cold. Playing outside is so important for learning and has so many different opportunities for exploration. It is very important for early childhood development. Sickness is caused by a viral or bacterial infection. When children go outside, they are less likely to get sick since they are out in the open fresh air with an abundance of Vitamin D. Viruses are transmitted by direct contact, and children share toys, hug each other and touch each other, so the chance to spread infection is higher indoors than outdoors due to the type of activities they engage in and the equipment used.

Please do not ask us to keep your child inside during the Nursery session.

Parent Donations:

Funding is often a challenge for nursery schools, and ours is no exception. We always try to make education fun and exciting for the children, and some of the activities come with a significant cost to us.

In the coming months we have 2 visitors to the nursery – May 2025 will see Basil and Crew's Farm visit the children, and in June 2025, we will have Basil and Crew's Reptiles visit. Both days will be hands-on experiences for all the children.

The cost for these days is £580 and £490 respectively. If you would like to make a donation towards these costs, we would be extremely grateful.

Please be advised – Everyone will have access to participate in these days whether we receive donations or not.

We also welcome donations of fruit/vegetables for snack time, flour and salt for making playdoh, porridge oats for early writing skills, and boxes of tissues.



Theme Days:

Wednesday 5th February 2025 will be Bedtime Story Day. All children are invited to come into nursery wearing their pyjamas, and parents are invited to come into nursery before the end of the session to attend the storytelling. This will not be an 'open gate' opportunity, so if you want to attend, please register with Sarah in the school office. The parents' admission times are 10.50am and 2.50pm (depending on your child's session time)

Dates for your diary:

Wednesday 15 th January 2025	Reception application deadline
Wednesday 29 th January 2025	Toilet Training Workshop
Wednesday 5 th February 2025	Bedtime Story Day
Friday 14 th February 2025	Last Day of Spring 1 Half Term
Monday 17 th February to Friday 21 st February 2025	Half Term – Nursery Closed
Monday 24 th February 2025	Start of Spring 2 Half Term
Wednesday 5 th March 2025	INSET Day – NURSERY CLOSED
Wednesday 12 th March 2025	Early Maths Workshop
Wednesday 26 th March 2025	Phonics Workshop
Friday 4 th April 2025	Last Day of Spring Term
Monday 7 th April to Monday 21 st April 2025	Easter Break – Nursery Closed
Tuesday 22 nd April 2025	Start of Summer 1 Half Term
Friday 25 th April 2025	INSET Day – NURSERY CLOSED
Monday 5 th May 2025	Bank Holiday – Nursery Closed
Friday 23 rd May 2025	Last Day of Summer 1 Half Term
Monday 26 th May to Friday 30 th May 2025	Summer Half Term – Nursery Closed
Monday 2 nd June 2025	Start of Summer 2 Half Term
Friday 18 th July 2025	Last day of Summer Term
Monday 21 st July 2025	INSET Day – NURSERY CLOSED
Tuesday 22 nd July 2025	INSET Day – NURSERY CLOSED
Wednesday 23 rd July 2025	INSET Day – NURSERY CLOSED

The safeguarding of children is of the utmost importance.

If you have any cause for concern, please contact our Designated Safeguarding Team:

Miss Lister – Safeguarding Lead
Miss Hualde – Deputy Safeguarding Lead
Mr Siddiqui – Safeguarding Governor



Ditch the buggy

Most pushchairs do not come with an age limit, or give expectations or guidelines when they should be used until, but as soon as your child is steady on their feet, they should be given the opportunity to walk, where possible, as walking will strengthen their muscles, develop their stamina and encourage movement, exploration and independence skills.

By the age of 3, children should be out of pushchairs unless they have mobility needs. Government guidelines state that children under 5 need to be active for 3 hours each day. By the age of 3 that should be 2 hours of moderate activity and 1 hour of high energy activity.

Walking with your young child does take more time and this needs to be planned into your day but the benefits to walking together are huge. They vary from developing muscle control, free movement, strength, reducing the risk of flat head/spot syndrome and independence skills. They also give the opportunity for conversations to take place, engage with nature as they walk using a range of senses, teaching children about road safety and the environment.

TIPS:

- Encourage short walks every day
- Make walking fun and interesting
- Allow time – don't rush your walks
- Think about rewards for walking such as a trip to the park when they have completed 5 short walks or an activity of their choice.